

Welcome to AeroStar News

Change Is In The Air!

Dear AeroStar Family, Friends & Supporters,

As the September sun casts longer shadows and the once verdant leaves start to change their hues, I'm reminded of a powerful truth: that change, in all its forms, is both inevitable and necessary. As October graces us, I wanted to connect with each of you on this shared journey, discussing the essence of change, our reactions to it, and the proactive steps we can take to embrace it—especially as we transition from summer to fall.

The Essence of Change

Change is the Universe's way of telling us that growth is underway. In our own lives, in our community, and even within our company, evolution is essential. It offers opportunities to learn, adapt, and become stronger. By understanding and accepting the inevitability of change, we position ourselves to harness its power and potential.

Our Perception of Change

Our reactions to change are deeply human. Sometimes we embrace it with open arms; at other times, apprehension sets in. This duality is natural. However, the lens through which we view change can make all the difference. Recognizing change as an

opportunity, rather than a challenge, can reshape our experience and outcomes.



Preparing for Change

- 1. Anticipate and Inform: Staying ahead of change involves knowledge. Educate yourself and remain informed.
- 2. Embrace Flexibility: Life rarely goes as planned. A flexible mindset ensures we can adapt and pivot with ease.
- 3. Open Conversations: Engage in open dialogues. Sharing feelings and uncertainties can provide both clarity and solace.

Transitioning from Summer to Fall

This seasonal transition is more than just a change in the weather; it affects our routines, activities, and even our mental health.

1. Adjusting Physically: As temperatures dip, consider revamping your wardrobe with layers. Stay active;

physical movement can combat the lethargy that sometimes accompanies cooler weather.

- 2. Mental Health Focus: The reduction in daylight can affect our mood. Be proactive—engage in activities that uplift your spirit, consider light therapy, and don't hesitate to seek professional guidance if you feel seasonal mood shifts.
- 3. Stay Connected: As we spend more time indoors, ensure you stay connected with loved ones. Social connections are vital for mental well-being.
- 4. Home Environment: Create a warm and comforting environment at home. Simple touches like warm lighting or soft blankets can make a significant difference to your mood and comfort.

As we collectively navigate this season of change, let's remember that the fiery reds and golden yellows of fall are nature's testament to the beauty of transformation. Let's embrace the changes ahead with optimism, preparedness, and a sense of community.

In this month's newsletter, you will learn about historic Latinos in aviation, cagch up on changes in the global headlines, hear about our celebrations of amazing girls and women in aviation, and get access to opportunities for you to share with your network for our youth.

To donate, in-kind services, and sponsorships click <u>HERE</u>. Collaborate and volunteer (click <u>HERE</u> to volunteer). Support AeroStar and the future of aviation. Please contact me today at <u>Tholmes@aerostarcorp.com</u> for branded sponsorship opportunities.

Thank you for Giving Wings to Dreams

Best regards,

Tammera L. Holmes AKA Dr. Tam
President & CEO, AeroStar Consulting Corporation
Founder & CEO, AeroStar Avion Institute NFP

#BoeingInspires #GoodLeadstheWay #AeroStarAvion #WingstoDreams

AeroStar Celebrates Hispanic Heritage Month

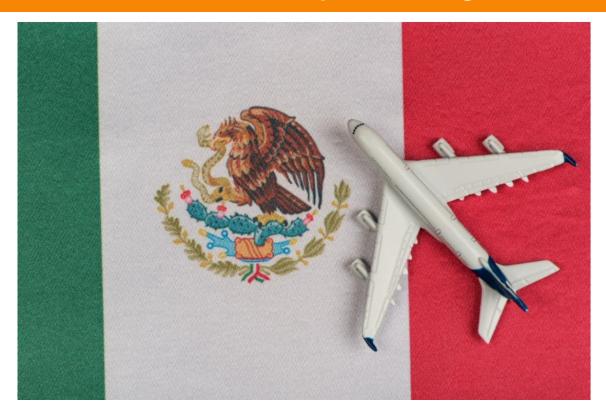


Photo Credit: Getty Images

Hispanic Heritage Month, observed from September 15th to October 15th, offers us a unique opportunity to honor and appreciate the invaluable contributions of Latino and

Hispanic communities to our society. This month serves as a reminder of the incredible wealth of knowledge, traditions, and perspectives that the Hispanic community contributes to the world.

Throughout this month, we invite everyone to join AeroStar in celebrating the achievements, culture, and history of Hispanic and Latino peoples. Our commitment to fostering a diverse and inclusive environment is unwavering, and Hispanic Heritage Month provides a meaningful occasion to acknowledge and appreciate the profound influence of Hispanic and Latino cultures on our society, economy, and way of life.

Lieutenant Colonel **Olga** E. **Custodio** (born 1953) is a former United States Air Force officer who became the first female Hispanic U.S. military pilot.

José M. Hernández was selected as part of the 19th class of astronauts in 2004. In 2006, José completed Astronaut Candidate Training and in 2009, he was a mission specialist on the STS-128 mission on board the Space Shuttle, Discovery.



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On The Radar

AeroStars Amongst the Stars in Washington DC!



Left to right: Mya Coley, Angela Gittens, Ginger Evans, Tammera Holmes and Neftaly Mora

On September 22nd, AeroStar was sponsored by United Airlines to travel to Washington DC for the 2023 National Aviation Aviation Hall of Fame (NAHF) Enshrinement Ceremony at the National Building Museum. The Aero-star-studded event was attended by the most accomplished leaders and innovators in teh nations history. As invited Guests of 2023 NAHF Enshrinee, Angela Gittens, an airport titan, AeroStar Alum Mya Coley and Neftaly Mora

A Message from Mya (AeroStar since 2018)

"AeroStar has been a foundation for fueling the fire to my passion of aviation. Along this journey I have always felt home and security anytime I wanted to come back to volunteer, gain guidance and inspire those who are following in my footsteps. It's not everyday that you can say a major airline has supported you and your education of aviation exploration since you were a high schooler. United Airlines always steps up for the cause which in this case was to support the experience of a lifetime. I am honored to have been invited to the National Aviation Hall of Fame Enshrinement Ceremony as a guest of newly inducted Angela Gittens.

It was an absolute treat getting to know her over lunch and celebrating her legacy over dinner. Angela is a gift to all young women like myself finding their way in such a fast paced industry. Having the opportunity to dive into her experiences and learn from some of her historic tales is something I will cherish forever. I cannot express my gratitude enough for Tammara Holmes, Ginger Evans, Angela Gittens and United Airlines. Good is leading the way and we're right on course for keeping the skies safe and the youth inspired!"



The 62nd Annual Golden Fellowship Dinner Arrives this November



On Saturday, November 4, 2023, the Chicago Urban League will host its 62nd Annual Golden Fellowship Dinner (GFD). Their signature gala raises funds that are critically needed to support their service to thousands of Chicagoland residents each year and to continue to advance their mission of achieving equity for Black families and communities through social and economic empowerment. Each year, GFD brings together more than 1,500 of Chicago's business, civic, and community leaders to both celebrate their progress and support the work ahead. This year's gala theme, Accelerating Equity: All Hands on Deck, underscores the urgency of their mission and is a call to action for others to join them in making a better Chicago for everyone.

AAI & United Celebrate Girls in Aviation Day



Saturday September 23rd was **National Girls In Aviation Day**, a campaign of Women In Aviation International to attract more girls into an industry that is still 95% male. For nearly a decade, AeroStar and United Airlines have partnered to bring the world of aviation to girls ages 13 to 18, through incredible industry immersion and hands on engagement. Here are some accounts of their experience!

"Girls and Aviation Day, sponsored by the fantastic United Airlines, was a day I'll treasure forever! We gathered at O'Hare International Airport, starting at 1G, and I couldn't believe how they treated us like aviation royalty. At 1G we met Mr. Bernie Sanders what a special treat. From breezing through TSA to our special launch and meeting, the entire day was packed with surprises. The all-women cast of speakers were simply amazing. They dished out insights into United Airlines like no one else could, and they had endless patience for our curious questions. The attention they gave us made us feel like aviation VIPs! Once the talking was over, it was time for the real adventure. We split up into groups and explored six different airport wonders. Some of us tackled the maintenance keychain project, where we got to play with airplane bling and tools – now that's my kind of crafting!"

"We had a blast witnessing live customer service and announcements at the gate. The in-flight operations tour was an eye-opener, and being up in the air with the tower crew? Talk about exciting! The SOC tour, the ramp, and the aircraft tour were educational and entertaining. Flight attendants spilled the beans on their daily grind, and we got an inside look at their world. The ramp was like a playground for grown-ups with all that heavy machinery! And the aircraft itself? What a treat! We explored first class, business class, and economy – truly a flight of fancy!

All in all, it wasn't just a day about aviation; it was a day of aviation awesomeness. United Airlines, you made us feel like aviation stars, and we're all flying high with inspiration!"

"Wow, being a part of Girls and Aviation Day sponsored by **United Airlines** was like catching a flight to Funville! Picture this: United rolled out the red carpet for us at O'Hare International airport, we bumped into Mr. Bernie Sanders and we were escorted through security like VIPs. Those girls got to see the airport's inner workings and aced TSA like pros! Once we settled in for the grand event, it was like United Airlines assembled a dream team of all-women speakers to spill the aviation beans. They shared their aviation wisdom and answered our burning questions with special attention – these ladies were the real stars of the show!

Then, the adventure took flight as they split us into groups to explore six different airport wonders. We crafted keychains with airplane bling, felt like airport announcers at the gate, delved into inflight operations, and even had a tower tour that gave us a bird's-eye view of the entire airport – talk about feeling like aviation royalty!

We hit the SOC (System Operations Control), ramp, and got up close and personal with aircraft. Flight attendants spilled the beans on their daily grind, and we had a PowerPoint presentation that revealed the secrets of a day in their glamorous lives. And, oh boy, the ramp! Heavy

machinery galore, aircraft boarding, and an exclusive tour of different cabin classes. We saw it

In the end, it wasn't just a day of aviation education; it was a day of aviation AWESOMENESS. United Airlines, you rocked our wings, and we're all soaring with inspiration now!"

Thank you to Team United: Lori, Joann, Alicia and Michele. You all are amazing partners.

Climate Change Ravaging the World?



Photo Credit: Getty Images

As the season of change comes over the Midwest, the globe is experiences a season of historic firsts in weather phenomenon and disasters. Over the past few months, we have witnessed three large scale natural disasters grip Morocco, Hawaii, and Istanbul.

On August 4th, 2023, a series of wildfires began in Lahaina, Hawaii. These wildfires have been especially prevalent in Maui. 97 people have reportedly lost their lives in this disaster, and 2,170 acres of land has been burned. Citizens of Hawaii feel abandoned by local and national government, as tourism in the area hasn't slowed.

On September 1st, a 6.8 magnitude earthquake hit Morocco. This quake was the deadliest since 1960, and resulted in the deaths of over 2,500 people, with 2,562 people injured.

On September 7th, a flash flood in Istanbul killed over a dozen people. The floods have devastated more than 1500 homes, businesses, and parking lots in the area. As rescue teams continue to scan the areas hit the hardest, more people are being pronounced dead or missing.

AeroAtar stands with the victims, first responders, and all those who are working tirelessly to provide relief and support during these trying times. We

are humbled by their bravery and dedication to restoring normalcy in the midst of chaos.

HOW YOU CAN HELP

Click <u>HERE</u> to donate to the Disaster Relief Emergency Fund, which directly helps the Moroccan Red Crescent Society–a rescue team who are currently on the ground in Morocco.

Doctors Without Borders is currently in Morocco tending to the injured. You can donate to their cause <u>HERE.</u>

The Hawaii Community Foundation is asking for donations that will help support communities affected by the wildfires. You can donate <u>HERE</u>.

Donate to the American Red Cross HERE

Aerospace Workers at Risk of Furlough Over Possible Government Shutdown



The looming government shutdown poses significant challenges for Florida, with up to 17,000 workers at the Kennedy Space Center at risk of furloughs, potentially affecting missions and projects. Critical operations for the International Space Station and tracking satellites will continue, but NASA projects may experience delays even after the shutdown ends. The commercial spaceflight industry may see some launches, but the Federal Aviation Administration's licensing process could slow down. Air travel, particularly in Central Florida, may face disruptions due to potential "sick-outs" among essential workers, impacting flight schedules and air traffic control system upgrades.

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Student Opportunities



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• Career Exploration Guide

Pilots, Flight Attendants, and Ramp Agents, oh my! We recently updated our Career Exploration guide to provide even more resources for students about how they can take their next step toward a career in aviation.

• Full-Time Job Opportunities for Graduated Seniors

Throughout 2023, Southwest has had almost 1,000 recent high school graduates apply for roles at our airports. Roles often open and close quickly, so make sure interested students don't wait! Entry-level jobs immediately after high school include our Ramp Agent, Material Specialist, and Appearance Tech roles, among others.

Click HERE



This 2024 Boeing internship program offers a fantastic chance for candidates to gain hands-on experience, work on impactful projects, and learn from seasoned professionals. We believe your network could include potential candidates who would greatly benefit from and contribute to this program.

Internship Details:

Position: Boeing Summer 2024 Internship Program - Government Operations

Location: Arlington, VA

• Application Deadline: October 23, 2023

Apply Now!



<u>Chicago Leading Edge</u> is a Chicago-based nonprofit organization that is dedicated to the career pursuits of women in aviation. Chicago Leading Edge provides networking, education, and mentoring opportunities for girls and women. This year, the organization will be giving out four \$1,500 awards:

2- \$1,500 Flight Training

1- \$1,500 Maintenance

1- \$1,500 School Tuition

You must be a member of WAI and Chicago's Leading edge chapter by October 1, 2023. Applications are attached and are due by October 12, 2023. Don't forget to check out all the scholarships offered by Women in Aviation International on their website. You can apply for two with Chicago's Leading edge and win one AND apply for three and win one from National as well.

For more information, contact Chicagosleadingedge@gmail.com and include "Scholarship" in subject line.

Apply Now!



Apply for National Geospatial-Intelligence Agency High School Scholarships today!

The High School Internship Program is for high school students, age 16 or older, that are looking for real world experience.

High School Interns perform a variety of entry-level functions and tasks in support of the organization to which they are assigned. They are given a work project that involves problem identification, analysis, and resolution. Specific duties may include the preparation and presentation of briefings directly related to work assigned.

Applications for NGA High School Internships for summer 2024 are now being accepted from 8/28/-10/7.

Apply Now!

Donate Today!



AeroStar Avion Institute has teamed up with UniCoN to pioneer the Aviation Education project for the first time in Pokhara, Nepal. This visionary project is being executed in close coordination with Pokhara International Airport and has secured the endorsement of the education department of Pokhara Metropolitan City. The primary goal

of this initiative is to cultivate aviation awareness and education among students attending public schools in Pokhara. The project's inaugural phase focuses on two prestigious institutions: Kalika Secondary School and Siddha Secondary School. In Nepal, students from grades 8 and 9 are the targeted beneficiaries of this enlightening endeavor. Beyond simply introducing these young learners to the intricate world of aviation, the initiative is also forging a robust link between academic theories and their practical applications in the real world.

This hands-on approach is aimed at instilling a sense of relevance and excitement within the students' educational journey. This partnership significantly bolsters the project's prospects for seamless execution and impactful results. By tapping into the our resources, the project gains the momentum required to foster an environment of aviation education excellence.

(Writing Credit: Binod Neupane, Executive Director of UniCoN)

If you would like to donate to UniCoN Nepal Fundraiser, click here or scan the QR code below.



YOUR CONTRIBUTION CAN CHANGE LIVES!

You can help expand our mission to train and employ youth in this exciting industry. Now we need your help more than ever before. To give, click <u>HERE</u>. Your donation is tax deductible, and 100% of your gift goes toward training the next generation of aviation and aerospace professionals.

Invest in the passion...the mission...the future of aviation...DONATE NOW!

Give Wings to Dreams!

CREDITS



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